Housing, Community & Emergency Services Department South East Area Office

To the Chairperson and Members of the South East Area Committee

Community Development Section Report

March 2019

- **6 March at 2pm** Visit to St. Agnes Musical Society / Primary School with Spanish language Let's Walk & Talk / Walking Group. Meet at Kildare Place.
- 7 March at 8pm "Trees Our Natural Heritage" talk with RTÉ / TV3's Éanna Ní Lamhna as part of National Tree Week at Milltown Parish Centre, Milltown Road (for Milltown ICA).
- **8 March at 10.30am** "Constance & her Friends / Grace & Joe" Historical Plays at Greenore Community Room for *International Women's Day*.
- 8 March at 11am "International Women's Day Tour" (as Gaeilge) with Eoin Bairead for Seachtain na Gaeilge / Let's Walk & Talk. Meet at Meeting House Square, Temple Bar.
- **8 March at 2pm** Visit to Marsh's Library with French language Let's Walk & Talk / Walking group. Meet at Kildare Place.
- 11 March at 11am "Going Wild in Ranelagh Gardens" nature tour with RTÉ / TV3's Éanna Ní Lamhna as part of *Let's Walk & Talk* initiative. Meet at park entrance / arch on Ranelagh Road.
- 11 March at 9.35pm Broadcast of 'Ageing in Ireland' documentary on RTÉ 1 (feat. The Evergreen Club Terenure Tea Dance).
- 13 March at 2pm "St. Patrick's Footsteps" tour with Pat Liddy as part of Let's Walk
 & Talk initiative. Meet at Palace Street.
- 13 22 March Ringsend mid-term Young Person's Programme of activities (Ringsend & Irishtown Community Centre and trips beyond)
- **14 March at 10am** Breakfast Tea with the Lord Mayor for Let's Walk & Talk Walk Leaders at the Mansion House
- 14 March from 10 12pm Parent and Toddler Group *St. Patrick's Festival* Party at The Evergreen Club / Hall, Terenure.
- **14 March at 7pm** "Breaking the Anonymity of Ageing" social inclusion focused arts event at Wood Quay Venue.

- 15 March at 11.30am "Ar lorg Anne Devlin" Tour (as Gaeilge) with Mícheál Ó Doibhilín for Seachtain na Gaeilge / Let's Walk & Talk. Meet at St. Catherine's Church, Thomas Street.
- **16 March at Time TBC** Theatre performance and back stage tour of the Abbey Theatre for Verschoyle Court Drama Group.
- 20 March at 3pm Terenure Men's Shed AGM at the Evergreen Club, Terenure.
- **22 March at 2pm** River Dodder Walk with French language Let's Walk & Talk / Walking group. Meet at Kildare Place.
- 23 March from 10 12pm Parent and Toddler Group Biodiversity Event at The Evergreen Club, Terenure featuring the Petting Farm.
- 25 March at 11am "Suffragette Walking Tour" with Justine Murphy as part of *Let's Walk & Talk* initiative. Meet outside the Mansion House.
- **27 March at 2pm** Tour of the Print Museum with Spanish language Let's Walk & Talk/Walking group. Meet at Kildare Place.
- **27 March at 3.15pm** "A Galway Girl" Play at Beechwood Community Centre, Ranelagh (for Ranelagh Active Retirement Association).
- 28 March at 8pm: Sandymount Tidy Towns Community Association AGM Sandymount Hotel Dublin 4.
- **29 March at 2pm** Visit to the Seamus Heaney Exhibition with French language Let's Walk & Talk / Walking group. Meet at Kildare Place.
- End March TBC On Street Photography Exhibition in Rathmines from local colleges / schools TBC.

Community Grants

All CD completed for 2019; grants have been signed off with South East Area Committee and are awaiting approval at the main council meeting in March.

Community Development Plan 2019

Full plan of activities for the year being developed and planned.

<u>Vibrant Villages Greening projects & Tidy Towns</u>

Identifying and confirming projects for 2019. Plans for spring connections. Tidy Towns: - meetings continuing through spring and applications being developed.

Vibrant Villages Walking Trails and Maps

Ongoing weekly walks ongoing in March.

Age Friendly Cities

Plan of activities and development for Older Persons is being developed for 2019. Older Persons' Council (OPC) meeting was held late February for an update and main new Strategic Alliance and OPC full meeting will take place in March / April. Reviewing activities in Older Persons' complexes and connection with Liaison officers.

Allotments

All allotments currently being renewed and lapsed leases allocated to new people on list. Improvement of infrastructure for allotments.

Weekly Activities

- Every Monday from 11am 1.30pm Verschoyle Pottery Club at Verschoyle Court Community Room.
- Every Monday from 2 4.30pm **Verschoyle Art Group** at Verschoyle Court Community Room.
- Every Monday from 7 9pm **Verschoyle Drama Group** at Verschoyle Court Community Room.
- Every Tuesday at 11am **Dance for Life** dance classes for older people at the Evergreen Centre, Terenure.
- Every Tuesday at 2pm Let's Walk & Talk walking group, meeting outside the Barge Pub, Charlemont Street.
- Every Wednesday from 11.30am 12.30pm Chair Yoga at Beech Hill Court, Donnybrook.
- Every Wednesday at 2pm Let's Walk & Talk in Spanish walking group, meeting at Kildare Place, Kildare Street.
- Every Wednesday at 2.30pm **Knitting Circle** at Verschoyle Court Community Room.
- Every Thursday at 10am Parent & Toddlers Group at the Evergreen Centre, Terenure.
- Every Thursday at 2pm Let's Walk & Talk walking group, meeting at Sandymount Green.
- Every Thursday from 3 5pm Knitting Circle at Beech Hill Court, Donnybrook.
- Every Friday at 10am Healthy Living Classes at Verschoyle Court Community Room.
- Every Friday at 11am Let's Walk & Talk as Gaeilge walking group, meeting at Meeting House Square, Temple Bar.
- Every Friday at 2pm Let's Walk & Talk in French walking group, meeting at Kildare Place, Kildare Street.
- Every Saturday from 11 4pm Relaunch of **Bushy Park Market** after the winter break with a Petting Farm for children. Relaunch date TBC pending tender process.
- Every Saturday at 2pm Let's Walk & Talk walking group, meeting at the car park of the Dropping Well Pub, Milltown.

All Information correct as time of publication but are subject to change.

Housing, Community & Emergency Services Department South East Area Office

To the Chairperson and Members of the South East Area Committee

Environmental Services Unit Report

Public Realm Enhancements

Tenders have been received for citywide weed spraying contract and they are under consideration by an assessment panel.

Events

St. Patrick's Festival, 14th -18th March 2019.

Housing Waste Recycling Project

The Housing Waste Recycling Project will see the introduction of green (mixed dry recyclables) and brown (food waste) recycle bins at all Dublin City Council (DCC) owned complexes. The project team are focusing on the South East Area which consists of 20 flats, 25 Senior Citizen complexes; totalling 3,015 units (see table below). To date, all groundwork is complete with every complex assessed for bin requirements and bin area suitability.

Area	Complexes	Flats	Sen. Citizen	Units
Central	54	43	9	2,386
North Central	20	2	18	869
North West	24	0	23	888
South East	45	20	25	3,015
South Central	50	38	12	2,533
Totals	192	103	87	9,724

Designs for wall signs, bin stickers and household leaflets are complete. Samples of wall signs which will be made in-house have been made and approved. Wall signs will be in English, bin stickers in Irish and leaflets will be in both languages. There will be a total of 10 workshops for the South East Area where a Recycling Ambassador will deliver a recycling presentation and a question and answer session to follow.

We are in the process of arranging a brown bin collection schedule with Greyhound and are also in the process of removing surplus general waste bins and painting them green using inhouse resources.

It is anticipated that we will hold the first workshop at the end of March when the residents at the following complexes will be invited:

York Street Flats / Mercer House Blocks A, B, C / Digges Street / Cuffe Street / O'Carroll Villas / Lord Edward Street / Glovers Court. The compost machine will be removed from York Street Flats in the coming days, with this area then becoming the new bin area for this complex.

Housing, Community & Emergency Services Department South East Area Office

To the Chairperson and Members of the South East Area Committee

Housing Projects and Local Area Improvements

Grand Canal Sub Group

The latest meeting of the Grand Canal Sub-committee was held on 26th February 2019. The Canal Ambassador Scheme pilot is running well. Waterways Ireland, with support from Fáilte Ireland, is developing a Dublin Canals brand including new website to be launched in spring 2019. Plans are being prepared for Canals Action Day on 27th April 2019 in conjunction with 4 Dublin Local Authorities and Waste Management Section DCC. Discussions re the potential restructuring of the Sub Groups for both Dublin Canals. John Boyle of Waterways Ireland to prepare a proposal for circulation. The next meeting of the Grand Canal Sub-committee will be held on 26th March 2019.

Rathgar Village Improvement Plan (VIP)

The redesign of Herzog Park is the final element of the Rathgar VIP to be undertaken. The Nature Play Area was officially opened by the Lord Mayor on 13th September 2018. Works to construct the Multi Use Games Area (MUGA) on the site of the bowling green have commenced on 19th November 2018 and will run for approximately 12 weeks. This will constitute phase 2 of the works. Works to re-align the bring centre are ongoing and should be completed soon. Internal landscaping, boundary treatment and the car park area will be addressed in phase 3 during 2019.

Ranelagh Gardens Park

A contractor was appointed by Parks Services to upgrade the paths in the park and to address the drainage issues at the Chelmsford end. These works are now complete. Replacement of park benches will be considered, subject to funding, for 2019.

Ringsend Irishtown Local Environment Improvement Plan (LEIP)

The Ringsend Irishtown Local Environment Improvement Plan (LEIP) was adopted at the June 2017 South East Area Committee meeting. It is now proposed to prepare planning applications under Part 8 of the Planning and Development Regulations, 2001, for the redesign of (1) Library Square and (2) Cambridge Road.

Library Square: (Mitchell & Associates) Meetings with internal stakeholders were held during September and October 2018. A meeting was held with local businesses to discuss parking / loading arrangements on 5th December 2018. A presentation was made to area councillors on 13th February 2019 and a draft design will be brought to a public meeting for all stakeholders on Thursday 21st March 2019 at 7pm in the Ringsend Irishtown Community Centre (RICC).

Cambridge Road: (Redscape Architects) An initial public workshop in relation to Cambridge Road was held on Thursday 30th August 2018 in the RICC on Thorncastle Street. Meetings with internal stakeholders took place in September and October and designs were drafted based on consultations which were brought to a second public workshop/meeting on 28th November 2018. Some refinements are currently being made to the proposal and it is expected to proceed with the Part 8 process early in 2019.

Terenure Village

Proposal to screen recycling bins in car park on Terenure Road North was examined in partnership with Terenure 2030 / Tidy Towns and Waste Management Services and will be carried out in 2019.

New Playground at Sean Moore Park

Community gain funding has been approved to provide a new playground at Sean Moore Park. Consultations took place with local schools and a tender has been prepared to appoint consultants to design a new playground for Sandymount at Sean Moore Park. Pre Part 8 report was brought before the July 2018 South East Area Committee. The Part 8 Planning Application was lodged on 17th September 2018 and one third party submission was received during the appropriate period. The proposal was approved at the meeting of Dublin City Council in January 2019.

O'Carroll Villas

Landscape drawings are awaited from Housing Maintenance.

Mercer Street Play Area

Update requested from Housing Maintenance.

Cabbage Patch

A public consultation on the Cabbage Patch took place in Francis Street CBS on Tuesday 19th February. An online consultation was also in place with a view to hearing from as many local residents, businesses etc. in relation to creating a new vision for the Cabbage Patch.

Culture, Recreation & Economic Services Department Dublin City Sport and Wellbeing Partnership Section

To the Chairperson and Members of the South East Area Committee

Dublin City Sport and Wellbeing Partnership (DCSWP) Report

DCSWP HIGHLIGHT EVENTS & PROGRAMMES MARCH - APRIL 2019

THE LORD MAYOR'S 5 ALIVE CHALLENGE 2019

The Lord Mayor's 5 Alive concludes on 30th March with the BHAA Dublin City Council four mile race on Saturday 30th March. The 5 Alive Challenge is a partnership programme between Dublin City Sport & Wellbeing Partnership (DCSWP) and the Lord Mayor's Office. The challenge is now in its 7th year and has encouraged hundreds of people to take up regular exercise over the past six years.

Last year the initiative went back to its roots and targeted people who were interested in taking up jogging or novice joggers who required some encouragement to sustain progress. The focus on encouraging new and novice joggers to sign up to the challenge continued in 2019. In 2018 the challenge also introduced mentors to accompany slower joggers and walkers and encourage them along each route. The mentoring aspect of the challenge also continues with 30 mentors appointed to support participants in the 2019 challenge. Each mentor has completed the 5 Alive Challenge in previous years. Over 400 people registered to participate in this year's challenge which commenced in the Phoenix Park on New Year's Day.

In the event that a participant is unable to complete the five races they have the opportunity to substitute a race for one of the city's Parkruns. Dublin hosts free 5k Parkrun in 5 locations across the city every Saturday morning. Details on times and locations can be found at www.parkrun.ie. Details of the final 2019 5 Alive races are outlined below;

- MSB St. Patrick's Day Festival 5k Race and Family Fun Run. This race commences at Stephen's Green at 12 noon on Monday 18th March.
- BHAA Dublin City Council 4 mile race. This race takes place in St. Anne's Park, Raheny at 11am on Saturday 30th March.

CHANGE FOR LIFE 2019 - REVIEW

Change for Life is an eight week programme running annually since 2013. The programme aims to improve the health of local communities by supporting people to become more physically active on a regular basis and adopt a healthier diet. The programme was rolled out in conjunction with RTE's Operation Transformation in 15 locations across the city with over 1000 participants. Change for Life concluded in March, culminating with an awards and showcase event in the Round Room, Mansion House to celebrate the participants' successes on Friday 15th March 2019.

DCSWP CORE PROGRAMMES MARCH - APRIL 2019

FOREVER FIT (CORE) Older Adults

The Forever Fit Programme is aimed at older adults and focuses on activities to improve balance, increase mobility, strength, co-ordination and prevent falls.

Details of Forever Fit programmes running in the South East Area during the next six week period are outlined below.

• **Programme**: Chair Fit, Mount Drummond. **Dates / Times**: Mondays 7pm – 8pm.

Location: Mount Drummond Sheltered Housing Complex, Harold's Cross.

Participants: Older Adults – 55+ years.

Programme: Chair Yoga, Ranelagh.
 Dates / Times: Tuesdays 3pm – 4pm.

Location: Woodstock Sheltered Housing Complex, Dublin 6.

Participants: Older Adults – 55+ years.

Programme: Beech Hill Yoga, Donnybrook.
 Dates / Times: Wednesdays 12.30pm – 1.30pm.

Location: Beech Hill Court, Donnybrook. **Participants:** Older Adults – 55+ years.

GAGA (CORE) Older Adults

The GAGA (Get All Girls Active) Programme is aimed at teenage girls and is run in conjunction with local youth services and schools. A wide variety of activities are delivered as part of the programme including dance-fit, fencing, yoga, boot-camp and adventure activities. Activities take place at various venues.

The following GAGA programme is being delivered in local secondary schools from March to May in partnership with the local Rugby Development Officer. The programme will culminate in a rugby blitz in May (details TBC).

Programme: GAGA Rugby.

Dates / Times: Mondays 4pm - 5pm.

Location: CBS, Ringsend.

Participants: Female 13 - 16 years

Partners: Leinster Rugby / Local secondary schools.

GO FOR LIFE GAMES Older Adults

The aim of the Go for Life Games is to involve older adults in recreational sport. The emphasis of the games is on participation and fun. The games can be played in singles, pairs and teams and are played in a non-competitive way (as much as possible!) with participants encouraged to umpire their own game.

The programme involves the following three sports:

- **Lobbers** adaption of Petangue and Boules
- Flisk adaption of Frisbee and Horseshoe Pitching
- Scidil adaption of Ten-Pin Bowling and Skittles

Details of Current Go for Life Programmes currently being delivered in the area are outlined below:

• **Programme**: Go For Life.

Dates / Times: Wednesdays 3pm - 4pm. **Location:** Beechwood Centre, Ranelagh.

Participants: Female 55+ years.

THRIVE (CORE) Adults with Mental Health Difficulties

Thrive is a referral programme geared towards engaging people with mental health difficulties. This can range from people who suffer with anxiety or depression right through to people who may have suffered an acquired brain injury and need assistance in re-integrating into their communities from a personal independence, social and general wellbeing viewpoint.

The following ongoing Zumba class focuses on stretching exercises and relaxation techniques:

Programme: Zumba Classes.

Dates/Times: Wednesdays 1.30pm – 2pm. **Location:** Turas, Grosvenor Road, Rathmines.

Participants: Mixed 18 - 24 years.

Partners: Turas

YOUTH FIT (CORE) Youth at Risk (10 - 21 Years)

Youth Fit Programmes are multi-sport and fitness initiatives aimed at young people in the area aged 10 years and over.

Teen Gym and Yoga classes will be delivered in the area from March to May as a partnership programme with Ringsend College:

• **Programme**: Teen Gym.

Dates / Times: Tuesdays 10am - 11am and Thursdays 4 - 5pm.

Location: Irishtown Stadium. **Participants:** Mixed 13 - 18 years.

• Programme: Teen Yoga.

Dates / Times: Thursdays 4.30pm – 5.30pm.

Location: Irishtown Stadium. **Participants:** Mixed 13 - 17 years.

In partnership with Ballyfermot Adventure Centre and Riccy's Youth Service, Irishtown / Ringsend, the following outdoor adventure group meets every Monday (concluding end of March). The programme consists of multiple outdoor activities including hill and canal walks:

Programme: Youth Fit.

Dates / Times: Tuesdays 5pm - 9pm.

Location: Ballyfermot Youth Service Adventure Centre.

Participants: Mixed 14 - 17 years.

Partners: Ballyfermot Adventure Centre / Riccy's Youth Service.

CO-FUNDED PROGRAMMES MARCH – APRIL 2019

BOXING DEVELOPMENT OFFICER

The **Startbox** Initiative, a partnership between the Irish Athletic Boxing Association (IABA) and Dublin City Sport & Wellbeing Partnership (DCSWP), represents an ideal way for young people (10 – 17 years) to first engage with amateur boxing, Ireland's most successful Olympic sport. It is delivered by our five dedicated IABA / DCSWP Development Officers via local schools (primary and transition year (TY) level) in communities across the Dublin city area. Approximately 2,000 young people participate each year in the StartBox Programme.

The programme is structured into Bronze (non-contact), Silver and Gold phases. The first phase focuses on general strength & fitness, method and technique. The Silver Programme consists of higher intensity sessions & limited contact and the Gold phase takes it on to another level again.

Details of ongoing Startbox Programmes in the South East Area are outlined below;

Bronze Programme

Following completion of the Bronze Programme in February, participants from the following schools have now progressed to the Silver Programme which takes place over a four week period:

- > St. Patrick's Girls' National School
- > St. Patrick's Boys' National School
- Scoil Cathronia National School
- Presentation College Secondary School (transition year)
- Marian College (transition year)
- Roslyn College (transition year)

CRICKET DEVELOPMENT OFFICER

The Cricket Development Officer continues to liaise with Sport Development Officers in the area to organise the delivery of cricket programmes. School coaching visits continue in the following schools during the period;

- Star of the Sea (Wednesdays 1.00pm 2.30pm)
- > St. Matthew's (Wednesdays 11.00am 12.30pm)
- Santa Maria Synge Street (Tuesdays 1.00pm 2.30pm)
- Ranelagh MDS (Time and date TBC)

Provincial cricket sessions continue on Friday nights from 5.00pm - 9.30pm in North County Cricket Club; a number of players from the south east area are involved in these sessions in particular players from the Sandymount / Ringsend area. Players are between 10 and 18 years of age.

FOOTBALL DEVELOPMENT OFFICER

The **Sprog Soccer Programme** which is aimed at 4 - 8 year olds continues in Sports and Fitness Irishtown every Friday at 9.30am with 60 children participating and the YMCA, Sandymount on Wednesdays at 9.30am with 80 children participating.

The football **Men's League** is ongoing on Mondays and Wednesdays in Sports and Fitness Irishtown from 6pm to 8pm.

The **Football for all Programme** continues in the area over the period. The initiative is aimed at children with learning difficulties and physical disabilities. The programme is delivered in Irishtown stadium on Saturdays at 10am with 10 to 15 children attending each week.

ROWING DEVELOPMENT OFFICER

Get Going... Get Rowing

Following the February mid-term break the Get Going Get Rowing programme commenced in a new set of schools across the city. On-the-water taster sessions will be provided to demonstrate the pathway from the rowing machine to the water and encourage students to participate in the 'Splash and Dash' event on May 9th in Grand Canal Dock, Dublin.

Rowing students continue to 'virtually' row around the world. Team members participating in the initiative are from all corners of the globe; the team is currently making its way through Sudan. Students are encouraged to clock up the metres to get the team all the way around the world.

RUGBY DEVELOPMENT OFFICER

The following rugby programmes will take place in the South East Area over the period;

Rugby programmes will be delivered in St. Brigid's Girls' Primary School, Ballsbridge for students 9 - 12 years on Wednesday afternoons. The programme will conclude with an interschool blitz. Details TBC.

Rugby programmes will be included in a multi-sport Easter camp from 23rd – 26th April in Irishtown stadium. The camp is aimed at 7 - 12 year olds (mixed). Activities will be delivered by the local Rugby Development Officer in the area.

In partnership with rugby clubs in the area, the Rugby Development Officer will deliver an Easter Girls' Rugby camp on Friday 26th April from 9.30am – 2.30pm. The camp is aimed at females aged 10 - 16 years and will take place in Donnybrook Rugby Club.

FURTHER DETAILS

For details or queries on any of the programmes / initiatives outlined above please contact Dee O'Boyle, DCSWP, tel.: (01) 222 5433 or email: dee.oboyle@dublincity.ie

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